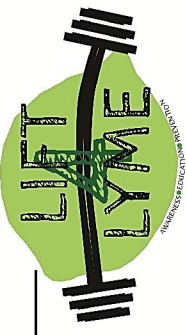


exercise	round 1	round 2	round 3	total
BURPEES				
POWER CLEAN				
KB SWINGS				
PUSH PRESS				
ROW				

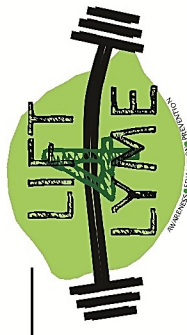


TOTAL SCORE: \_\_\_\_\_

name: \_\_\_\_\_

gym name: \_\_\_\_\_

exercise	round 1	round 2	round 3	total
BURPEES				
POWER CLEAN				
KB SWINGS				
PUSH PRESS				
ROW				



TOTAL SCORE: \_\_\_\_\_

name: \_\_\_\_\_

gym name: \_\_\_\_\_